



Cricket ACT – High Performance Centre

Social Distancing and Hygiene – Protocols

General

- Cricket ACT is committed to the social distancing guidelines announced by the Federal & ACT Governments.
- Cricket ACT intends to implement cleaning and hygiene practices to present an environment which is free of COVID-19 and maintains the healthy lifestyle of our participants, parents and coaches.
- Cricket ACT will be implementing a twice weekly clean of the High-Performance Centre. This will include all changerooms, storerooms, common areas and the synthetic training facility.
- Cricket ACT highly recommends each participant (if applicable), parent and coach to have downloaded the **COVID SAFE** app and ensure the app is open & active via Bluetooth connection.
- All participants, parents and coaches should make every effort to enter the High-Performance Centre via the glass doors facing Launceston Street. Exiting the building should be via the door next to the reception. If a door is locked please enter via the open door and be mindful of any persons who may be exiting the same door.
- Cricket ACT will provide a number of pens at the sign in station for participants, parents and coaches. Cricket ACT expects all participants, parents and coaches to use their own pens. In the event that a supplied pen is used, please utilise hand sanitiser post use.
- All participants, parents and coaches are expected to remain away from the High-Performance Centre if feeling unwell. Cricket ACT reserves the right to cancel a 1:1 training session if unhealthy symptoms are displayed by a participant, parent or coach.
- All participants, parents & coaches who enter the High-Performance Centre must wash there hands immediately via the changerooms for soap and water (20 seconds) or sanitiser from the dispenser.
- If participants and coaches who leave the High-Performance Centre and then re-enter, washing hands must be completed before further activity is possible.

Parents

- All parents who enter the facility must sign in in their child/guardian. The sign in sheet must be completed before the participant will be eligible to train in the HP Centre. A parent must complete a sign in sheet if their child is under 18 years old. It is expected that parents use their own pen to sign in.
- Each parent must sit on the wall next to the roller doors or on the wall next to the changerooms. Chairs will be placed 1.5m apart, must not be moved and will be placed over an X on the ground.
- Parents must not walk or stand within 1.5m of other parents or participants. Ideally, each parent within the centre will not move from their chosen chair.
- Parents must wash hands before leaving the facility.

Participants

- All participants who enter the facility must be signed in. The sign in sheet must be completed before the participant will be eligible to train in the HP Centre. It is expected that participants use their own pen to sign in.
- If the participant is under the age of 18 years, a parent must complete the sign in protocol.
- Training bags must be placed in storeroom #1. Bags must be placed within the 4m² areas displayed within storeroom #1.
- Each participant must wash their hands before commencing training. This may involve the following:
 - Attend the basin in the changerooms, use the soap to wash hands and use the drying tool;
 - Utilise personal hand sanitiser (if in the participants training bag); or
 - Use the hand sanitiser at the entrance to the HP Centre.
- Participants must not walk or stand within 1.5m of their coach or other participants during the training session.
- Participants should not touch their face during the training session.
- Participants should not share any equipment. Participants should also not touch any equipment within the centre.
- Participants must minimise connection to cricket balls. Only touch with gloves or with hands when bowling or throwing. At no point should saliva be applied to cricket balls and should not be shined.
- Participants must wash hands before leaving the facility via the above outlined 3 options.

Coaches

- All coaches who enter the facility must sign in. The sign in sheet must be completed before the coach will be eligible to train in the HP Centre. It is expected that coaches use their own pen to sign in.
- Coaches must ensure that each participant and their parent have signed in and meet the Cricket ACT guidelines. If a participant or parent does not meet the Cricket ACT guidelines – the participant will not be able to train with in the facility.
- Each coach must wash their hands before commencing training. This may involve the following:
 - Attend the basin in the changerooms, use the soap to wash hands and use the drying tool;
 - Utilise personal hand sanitiser (if in the participants training bag); or
 - Use the hand sanitiser at the entrance to the HP Centre.
- Coaches must not walk or stand within 1.5m of the participant they are coaching or anyone else within the facility.
- Coaches should not touch their face during the training session.
- Coaches must ensure that all equipment (except balls) are not shared. All used equipment (except balls) must be cleaned down after each training night using supplied anti-septic sprays or wipes.
- Coaches must ensure that at no point should saliva be applied to cricket balls and should not be shined.
- Coaches must wash hands before leaving the facility via the above outlined 3 options.

About the Protocols	
<i>Subject</i>	Social Distancing & Hygiene Protocols – High Performance Centre
<i>Authorised by</i>	Chief Executive Officer
<i>Contact</i>	GM – Commercial or GM – High Performance
<i>Version</i>	1
<i>Commencement</i>	1 June 2020
<i>Next Review</i>	30 June 2020